

## PROPOSAL FOR SHORT-TERM FACULTY-LED STUDY AWAY PROGRAM

To initiate a Study Away Short-Term Program, a faculty member must submit the **Curricular Proposal (Section I)**, **Budget (Section II)**, and **Emergency Plan (Section III)** to the Study Away Director via email attachment to [elizabethstrong@missouristate.edu](mailto:elizabethstrong@missouristate.edu). Study Away will review the proposal and provide feedback to the faculty member. If revisions are necessary, the faculty member must resubmit a revised proposal for a second review. When the proposal has been approved by Study Away Programs, the faculty member will be asked to send the final proposal to his/her dean and department head for approval. The faculty member will ask his/her dean and department head to send a note of approval to the Study Away Director. Upon all approvals of a proposal, the faculty member will receive an email letter of confirmation from the Study Away Director.

Within 30 days of the completion of the short-term program, a full **Study Away Report (Section IV)** must be submitted to the Study Away Director.

### I. CURRICULAR PROPOSAL

1. Name(s), department(s), title(s), and contact information of Program Director(s):  
Cara Smith, MA, CCLS  
Child Life Instructor  
Childhood Education and Family Studies  
[CLSmith@MissouriState.edu](mailto:CLSmith@MissouriState.edu)  
(816)616-5998
2. Title of program:  
South Africa Child Life Practicum
3. Course number(s) and names(s); number of credit hours earned by participants:  
CFD 499 Practicum  
3 hours
4. Travel dates:  
May 30 – June 20
5. Countries and cities to be visited:  
Cape Town, South Africa
6. Course objectives:
  - a. Engage in independent play and developmentally supportive interventions with infants, children, youth and families at Red Cross Children's War Memorial Hospital, a freestanding pediatric public hospital, serving children from Sub-Saharan Africa
  - b. Engage in independent play and developmentally supportive interventions with infants, children, youth and families in partnership with Lionhearted Kids.
  - c. Assess children and family needs and stressors related to hospitalization and trauma.
  - d. Examine psychosocial developmental issues and how they are impacted by hospitalization.

- e. Build rapport with both English and non-English speaking families from diverse cultural, religious and socioeconomic backgrounds.
- f. Advocate for and represent the role of child life on an international level.
- g. Participate in training regarding principles of synergistic play therapy

7. Purpose of travel component:

“Lionhearted Kids is a non-profit organization that believes in building upon the strengths and resiliency of the child, family, and community. We hold firmly to the inherent wisdom that exists within each of us collectively and cross-culturally. Therefore, the role of the therapist and supporter is to work alongside community members as facilitators. Regardless of one’s country of origin or belief system, we believe that the experience of one’s own reflection in another human being is essential to understanding our interconnectedness, developing compassion, and embracing our humanity.” – Lionhearted Kids Mission

Traveling to South Africa not only offers opportunities for immersed in a rich cultural and historical experiences, but also allows students to work under the direction of Lionhearted Kids in bringing psychosocial care to underserved communities in Cape Town.

This program offers opportunities for service learning in environments that push students outside their comfort zone and expand their understanding of the world.

Learning takes place within and outside the prescribed course objectives as students experience the history, beauty, culture, and daily life of Cape Town, including Robben Island, hiking Lion’s Head and Table Mountains, a visit to local townships, the Cape of Good Hope, and safari.

8. Outline of course, including pre- and post-travel class sessions (tentative dates and content) and all graded components:

Pre-travel class sessions:

Thursday, February 19. 6-8:30pm: Introduction to course expectations

Thursday, March 19. 6-8:30 pm: South African history and culture

*Assignment: Verbal reports on various aspects of history and culture.*

Thursday, April 16. 6-8:30 pm: Meeting psychosocial needs in a third world country

*Assignment: Presentation of activities designed to meet psychosocial needs*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						5/30 Arrive CT
5/31 Orientation to City	6/1 Lionhearted Kids (LHK) Orientation	6/2 Volunteer with LHK	6/3 Synergist Play Therapy	6/4 Volunteer with	6/5 Volunteer with LHK <i>Week 1 journals due</i>	6/6 Trip to Cape Point

			(SPT) Training	Lionhearted Kids		
6/7	6/8	6/9	6/10	6/11	6/12	6/13
Township Tour	Volunteer with LHK	Volunteer with LHK	SPT training	Volunteer with LHK	Volunteer with LHK  <i>Week 2 journals due</i>	Garden Route Game Safari
6/14	6/15	6/16	6/17	6/18	6/19	6/20
Garden Route Game Safari	Volunteer with LHK	Volunteer with LHK	SPT training	Volunteer with LHK  Final reflections group discussion	Farewells  <i>Final Journals due</i>	Depart for home!

9. Discuss how student performance will be evaluated:
  - a. Cultural report
    - i. Students will be assigned various aspects of South African culture to report to class
      1. Due March 19
  - b. Psychosocial support activities
    - i. Students will present a series activities to be used when working with children
      1. Due April 16
  - c. Journals
    - i. Students will complete weekly journals reflecting on practicum experiences
      1. Week 1 Journal due June 5
      2. Week 2 Journal due June 12
      3. Final Journal due June 19
  - d. Individual discussion with programs leaders
    - i. Students will meet individual with program leaders to verbally process experience
10. Required text(s), including title, author, and ISBN if possible:  
Nobody Will Ever Kill Me. Mhu Maloni. ISBN-10: 1869142179
11. Proposed travel itinerary:  
Travel to Cape Town: Saturday, May 30  
Travel to US: Saturday, June 20
12. Total program cost: \$ 3,792 per student.  
Cost to student not included in budget:
  - Personal local transportation \$25-50
  - Cell phone rental and airtime \$50
  - Internet access: approximately \$1/hour

- Personal food and entertainment \$200-400
- Nobody Will Ever Kill Me: \$22
- Fundraising for Lionhearted Kids. Group Goal \$6,000

13. Lodging arrangements:  
Students will stay in 2 person holiday apartments
14. Name of and contact information for travel agent (if any):
15. Minimum/maximum number of student participants required:  
Minimum 8 students  
Maximum 12 students
16. Application procedure, including deadlines, prerequisites, and whether the program is available to students outside of your academic department:
- Students will complete the on-line application through the Study Away online application system.  
Application deadline: December 12, 2014
- This program is available to students pursuing a CFD degree with an emphasis in child life. Precedence will be given to those students who have completed CFD 354, CFD 454, a child life practicum, or 100 hours of volunteer service in a pediatric hospital setting.
17. Cancellation procedure, including refund protocol:  
Standard procedure used by Study Away for all short-term trips.
18. Teaching credit requested (*indicate the teaching credit hours to be assigned to the proposal and the semester in which credit is to be received*):
- 3 hours of teaching credit for Summer 2015
19. Marketing plans:  
This course has already become very popular and students have been inquiring about when applications will be made available. However, marketing will still take place so that all students have an equal opportunity to participate in the experience. Information will be posted in the Child Life and CEFS offices. A presentation will be made by the program director at former participants at the Child Life Student Association meeting. Flyers will be posted throughout the CFD department and sent to students currently declared as CFD majors with an emphasis in child life.
20. All components of this proposal must be approved by the Program Director's dean and department head. Approval should be sent via email to the Study Away Director <<mailto:elizabethstrong@missouristate.edu>>.

See the "Developing a Short-term Faculty-led Study Away Program" page at our website:  
<http://international.missouristate.edu/studyaway/73013.htm> .

## II. BUDGET

All program budgets will be reviewed and approved by the Study Away Office. Program Directors are reminded that they **do not** have permission to make purchases or incur financial obligations on behalf of the proposed study program without the approval of the Study Away Office. Each Program Director is responsible for submitting his/her Travel Expense Report to the Study Away Office within two weeks of the last day of travel.

Please fill out the following budget worksheet to determine program costs:

### ESTIMATE OF FACULTY COSTS:

Airfare for Director	\$ 1700
Airfare for Practicum supervisor	\$1700
Lodging	\$1100
Group transport cost for safari	\$1200
Group land transportation	\$400
Safari, including meals	\$221
Robben Island, Cape Point, Township	\$192
HTH Insurance (For faculty and Practicum supervisor)	69.00
<b>Total Faculty Cost</b>	<b>\$6,582.00</b>

**Total Faculty Cost ÷ minimum number of student participants needed =  
\$548.50 (12 students)**

### ESTIMATE OF STUDENT COSTS:

Airfare (Note: If students are not traveling as a group, airfare is not included here. It will be a separate expense.)	\$ 1700
Lodging	\$550
Synergist Play Therapy training	\$250
*HTH Insurance	\$34.50
Robben Island (includes transport)	\$39
Cape Point (lunch and transportation)	\$74
Overnight Safari (includes meals)	\$221
Township Tour (lunch and transport)	\$79
Miscellaneous expense	\$200
Faculty expense per student (from calculation above)	\$548.50
Study Away Student Fee	\$ 75.00
<b>Total student cost</b>	<b>\$3,771.00</b>

**Rounded total for 12 students \$3,800.00 with 15% non-refundable deposit of \$570**

### III. EMERGENCY PLAN

**To access city- and country- specific information for emergency plan development, please follow these steps:**

1. Go to [www.hthadvisors.com](http://www.hthadvisors.com) and click on “Sign In.” Use **username: StudyAway** and **password: studyaway3**. Both are case-sensitive. Click “Submit.”
2. Click on “hthstudents.com ” and accept the terms of the Site Use Agreement.
3. Hover on “Doctors, Hospitals, and Pharmacies,” and then click on “International Destinations.”
4. Type in your destination city, and scroll down and select your destination country to search for “Hospitals and Clinics.” *This will give you the address and a map to hospitals and clinics in your immediate destination area, information that you need to complete your emergency plan for your short-term study away proposal.*
5. After you have basic hospital and clinic information, then click on the “Health and Security” tab at the top of the same page for *more city- and country-specific health and safety information that you will also use in crafting your emergency plan.*

***Your Emergency Plan Should Include the Following:\****

1. Site assessment: A number of hospitals and clinics are available
2. Transit to site: Taxi
3. Local medical capacity: Cape Town has a number of public and private hospitals located close to the sites.
4. Most likely health risks:
5. Preparation prior to departure: Students will participate in safety orientation prior to departure
6. Emergency plan: Emergency numbers 10111
7. U.S. Embassy contact information:  
  
Address: 2 Reddam Ave, Cape Town 7945  
Phone: +27 21 702 7300
8. Address of local law enforcement:  
Address: Corner of Buitenkant and Albertus, Cape Town, 8000  
Phone: +27 21 467 8000

\*Please see an example of an approved emergency plan at: <http://international.missouristate.edu/studyaway/126641.htm>