Applicant must submit one hard copy of his/her application packet to:
Elizabeth Strong
Director, Study Away Programs
MCCE 403 or PSU 209

And one digital copy (with signatures) as a PDF file to: studyaway@missouristate.edu

Name: Elizabeth Williamson PT, Ph.D. Date: October 15, 2013
Department: Physical Therapy Rank: Assistant Professor
Office Phone: 836-8728 Email: ewilliamson@missouristate.edu
Location of Travel: Kampala, Uganda

Approx. Departure Date: March 7, 2013 Approx. Return Date: March 17, 2013
Total Budget Request: $ 5300.00

I have read the Standards of Good Practice for Education Abroad from the Forum on Education Abroad <http://www.forumea.org/standards-standards.cfm> and will abide by these principles in planning my forthcoming short-term program.

Beth Williamson
Elizabeth Williamson PT, PhD

College of Health and Human Services
Physical Therapy Department
Study Away
Exploratory Travel Fund Endorsements

Department Head and College Dean Comments on Travel
Specific comments by the department head and dean/school director are expected and will be reviewed as part of the selection criteria.

Department Head’s Statement:
This study away opportunity will enhance participating students’ critical thinking, clinical reasoning, and primary care competence by 1) delivering direct care to enhance the functional abilities of children with developmental disabilities, and 2) providing educational training to parents and caregivers. It will also provide these students the opportunity to experientially compare and contrast United States healthcare for children to that provided through a radically different social, ethnic, and economic culture and environment. The Department of Physical Therapy will support up to 40% ($2,120.00) of the cost of this exploratory travel experience.

________________________
Department Head’s Signature

Dean’s Statement:
This study away proposal is consistent with the Public Affairs Integration strategic objective in the University’s 2011-2016 Long Range Plan. The CHHS cost center will provide $300 to support this exploratory travel experience.

________________________
College Dean’s Signature
Study Away
Exploratory Travel Fund
Endorsements

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[Signature]

Department Head’s Signature

Dean’s Statement:

[Signature]

College Dean’s Signature
Abstract

**Purpose:** Many physical therapy (PT) students have expressed interest in providing services to people in impoverished areas of the world. Exploratory travel funds will be used to arrange clinical experiences in which PT students will provide services to Ugandan children with disabilities. **Method:** Students will complete clinical experiences at the Sure Prospects Institution, an inclusive educational institution which provides services to children with disabilities. **Outcomes:** Students will establish interventions (direct care of children) and provide educational experiences (indirect care through instruction of parents and/or SPI staff) which will positively impact these children's daily lives well beyond the visit.
“PTE 804 Advanced Topics in Pediatric Physical Therapy” is a variable content course designed to allow students to develop their cognitive, psychomotor, and affective skills at an advanced level in the area of physical therapy for children” (MSU Graduate Catalog). Through this course, students who participate in the Study Away opportunity will provide direct and indirect physical therapy services to children with various disabilities at the Sure Prospects Institute (SPI) located at Kitala village which is 15 minutes from Kampala the capital city of the Republic of Uganda. SPI was founded in 1998 as an inclusive educational institution to provide academic and vocational educational services to children with and without special needs. SPI Outreach Program works to identify and support children with disabilities and their parents in the surrounding communities. SPI is registered with the Republic of Uganda Ministry of Education and Sports.

**Purpose for Exploratory Travel and Role of Collaborators**

The purpose of travel is to identify specific clinical (direct intervention) and teaching (training parents and/or SPI staff) opportunities which will benefit both MSU physical therapy students and Ugandan children with disabilities. Additional educational experiences will allow MSU students to gain an appreciation of how cultural and economic factors in Africa affect the delivery of rehabilitative services to children with disabilities. Relationships already exist between Dr. Williamson and Patrick Mutono, M.D (Director of the Lodoi Development Fund), and Florence Nayiga Ssekabira, (Director of SPI). The SPI staff will identify children with specific needs and gain parental approval for services to be provided by our physical therapy students. The SPI staff will assist with in-country lodging, meals, and ground transportation. They will also assist with defining additional educational experiences. Dr. Williamson will arrange air transportation, visa services, medical insurance, and other services necessary to enter
the country. She will monitor all services provided by our students. Students will be responsible for acquiring a passport, vaccinations and medications.

**Implementation and Timeline**

- Exploratory trip to Uganda, March 7 – March 17, 2014
- Student application for Physical Therapy Experience in Uganda due, December 1, 2014
- Student’s notified of selection, December 15, 2014
- Preparation for travel, January – February 2015
- Study Away March 6 – March 16, 2015
  - Travel to Uganda Friday, March 6 – Saturday, March 7
  - Sightseeing day and travel to SPI Sunday, March 8
  - Clinical experiences Monday, March 9 – Friday, March 13
  - Travel and sightseeing day Saturday, March 14
  - Travel to United States Sunday, March 15 – Monday, March 16

**Expected Impact on Students**

1. Students will gain a global perspective regarding the delivery of rehabilitative services.
   a. How services are impacted by the governmental and personal economic limitations found in a poor nation.
   b. The universality of parental and family commitment to children with disabilities.
      How this commitment is affected by daily demands within an agricultural, village community.

2. The opportunity to establish interventions (direct care of children) and educational experiences (indirect care through instruction of parents and/or SPI staff) which will positively impact these children’s daily lives beyond the visit.
3. Students will practice the critical thinking and handling skills necessary to gain expertise in physical therapy in an environment which facilitates creative problem solving.

4. Students will be required to consider ethical issues which arise with providing rehabilitative services in this setting which will include the obligation to respect and affirm moral and cultural values which may be substantially different from their own.

5. Students will demonstrate professional behavior and cultural competency in all interactions with all individuals while involved in the delivery of rehabilitative services.

**Safety, Health and Travel Concerns**

According to the United States State Department, the Republic of Uganda has experienced relative political stability, democratic progress, and economic growth over the last 25 years. No specific travel warnings have been issued for Uganda over the last 4 years however, potential terrorist activity remains high on the African continent. In Kampala, students will need to demonstrate due diligence, in order to avoid being victims of crimes such as pick pocketing, purse snatching and thefts. Crime is rare in villages.

Medical facilities in Uganda are limited. Medical insurance which covers emergency transport to Europe or the United States for medical treatment will be purchased. No one can enter Uganda without proof of vaccination for yellow fever. As recommended by the World Health Organization (WHO), students must be fully vaccinated against measles, rubella, mumps, diphtheria, tetanus, pertussis, and poliomyelitis. Also, based on WHO recommendations for the prevention of malaria, students will be required to take preventive medication, use insect repellants, and sleep under mosquito nets. Bottled water will be provided and arrangements will be made to assure proper handling during food preparation. Accommodations are adequate with in-door plumbing, hot and cold water, electricity, and fans or air conditioning.
## Study Away
### Exploratory Travel Fund
### Budget

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<thead>
<tr>
<th>Requested</th>
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Study Away Exploratory Travel Fund
Budget Abstract

Airfare (based rates on 10/15/2013):
- British Airline
- Kansas City International Airport to/from Entebbe International Airport

Ground Transportation (it is not recommended that foreigners drive in Uganda)
- Driver and van $200.00 per day for 9 days
- Gasoline $30.00 per day for 9 days

Lodging
- Tooro Royal Cottages $100.00 per day for 9 days

Meals
- Meals $20.00 per day for 9 days

Services
- Visa $50.00
- Medical Insurance $100.00